

BRITISH POWERLIFTING ORGANISATION PRESENTS

2010 WPF WORLD CHAMPIONSHIPS - 1ST FLIGHT BENCH PRESS

UNIVERSITY OF BATH, BATH, ENGLAND - 6TH NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.	
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.				
		-56,0	54,70	Bonnie Aerts 52	USA	WM50+					25,0				25,0				25,0	23,29	1.
		-60	59,70	Allison Seabright 44	GBR	WM40+					80,0	-85,0	-85,0		80,0				80,0	68,54	1.
		-75	74,90	Sue Davies 41	GBR	WM40+					110,0	115,0	120,0		120,0				120,0	85,58	1.
		-90	90,00	Kristen Schwade 56	GER	WM55+					80,0	85,0	87,5		87,5				87,5	55,86	1.
		-56	53,50	Markus Knetsch 46	GER	M45+					70,0	-80,0	-80,0		70,0				70,0	66,70	1.
		-56	53,70	Boyd Honeycutt 50	USA	M50+					90,0	95,0	-100,5		95,0				95,0	90,17	1.
		-67,5	66,90	Manual Wolf 21	GER	J					145,0	-150,0	-150,0		145,0				145,0	112,61	1.
		-67,5	62,90	Mgddom Chidi 30	NIG	O					70,0	100,0	110,0		110,0				110,0	89,96	1.
		-67,5	67,50	Graham Dowers 46	GBR	M45+					135,0	-151,0	-151,0		135,0				135,0	104,09	1.
		-75	74,90	Sergej Lisenko 22	GER	J					155,0	-165,0	-165,0		155,0				155,0	110,55	1.
		-75	74,10	David Webb 51	GBR	M50+					115,0	127,5	132,5		132,5				132,5	95,21	1.
		-75	74,90	Kari Elison 57	ICE	M55+					-145,0	145,0	155,5		155,5				155,5	110,90	1.

HEADREFEREE
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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.			
		-75	72,70	Stephen Davies 37	GBR	O					100,0	-105,0	105,0	105,0				105,0	76,49	4.
		-75	74,80	Lucas Gijsbertsen 29	HOL	O					180,0	195,0	200,0	200,0				200,0	142,78	2.
		-75	70,70	Ruben Perez 26	SPN	O					160,0	165,0	-170,0	165,0				165,0	122,71	3.
		-75	72,40	Robert Truscott 37	GBR	O					-212,5	-212,5	212,5	212,5				212,5	155,27	1.
		-82,5	82,00	Dayle Longford 21	GBR	J					170,0	180,0	-190,0	180,0				180,0	121,03	1.
		-82,5	82,30	Mario Hernandes 42	MEX	M40+					140,0	-150,0	-150,0	140,0				140,0	93,93	2.
		-82,5	81,90	Lee Hough 43	GBR	M40+					135,0	-145,0	145,0	145,0				145,0	97,57	1.
		-82,5	81,70	Phil Beniston 47	GBR	M45+					160,0	180,0	187,5	187,5				187,5	126,36	1.
		-82,5	79,30	Prince Kennedy 46	NIG	M45+					100,0	-115,0	-115,0	100,0				100,0	68,65	2.

HEADREFEREE
NAME: Mark Eager GBR

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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.			
		-82,5	81,10	Arram Egyhon 26	GBR	O					160,0	177,5	-190,0	177,5				177,5	120,15	1.
		-82,5	81,70	Rob Jones 32	GBR	O					150,0	160,0	-170,0	160,0				160,0	107,82	2.
		-90	87,20	Arwyn Brain 23	GBR	J					100,0	130,0		130,0				130,0	84,38	1.
		-90	88,30	Norman Krause 36	GER	O					210,0	220,0	-220,0	220,0				220,0	141,83	1.
		-90	87,30	Robert Preston 41	GBR	M40+					225,0	-230,0	-240,0	225,0				225,0	145,96	1.
		-90	86,80	Michael Winklareth 54	GER	M50+					170,0	-177,5	-180,0	170,0				170,0	110,62	1.

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2010 WPF WORLD CHAMPIONSHIPS - 4TH FLIGHT BENCH PRESS

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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.			
		-100	97,40	Jakob Kristensen 32	GBR	O					225,0	235,0	242,5	242,5				242,5	149,19	1.
		-100	96,80	Richard Patman 30	GBR	O					180,0	190,0	-210,0	190,0				190,0	117,21	3.
		-100	96,70	Mario Purkarthofer 25	AUT	O					145,0	155,0	160,0	160,0				160,0	98,75	4.
		-100	99,10	Jorg Weinmann 38	GER	O					210,0	-222,5	-222,5	210,0				210,0	128,27	2.
		-100	93,70	Thomas Elfner 40	GER	M40+					150,0	185,0	192,5	192,5				192,5	120,51	1.
		-100	99,80	Tony Brown 47	GBR	M45+					-240,0	240,0	245,0	245,0				245,0	149,23	1.
		-100	99,30	Marco Capitani 47	LUX	M45+					150,0	157,5	162,5	162,5				162,5	99,17	4.
		-100	97,30	Stacy Dedrick 45	USA	M45+					230,0	240,0	242,5	242,5				242,5	149,26	2.
		-100	97,70	Terry Smith 47	GBR	M45+					195,0	202,5	210,0	210,0				210,0	129,02	3.
		-100	98,10	Axel Gersdorf 59	GER	M55+					-210,0	-210,0	210,0	210,0				210,0	128,81	1.
		-100	99,40	Flosi Jonsson 56	ICE	M55+					190,0	-200,0	-200,0	190,0				190,0	115,92	2.
		-100	99,60	Harry Whale 55	GBR	M55+					178,0	185,0	-192,5	185,0				185,0	112,78	3.
		-100	98,30	Juan Moles 62	SPN	M60+					160,0	-165,0	-165,0	160,0				160,0	98,06	1.

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UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.			
		-110	108,60	Gunnar Runarsson 45	ICE	M45+					-190,0	190,0	-205,0	190,0				190,0	112,27	1.
		-110	105,30	Ulrich Vetter 58	GER	M55+					-200,0	200,0	210,0	210,0				210,0	125,37	1.
		-110	103,60	Nigel Wilding 56	GBR	M55+					150,0	160,0	170,0	170,0				170,0	102,07	2.
		-125	115,40	Maximilian Brandmayer 19	GER	T					160,0	170,0	175,0	175,0				175,0	101,59	1.
		-125	123,30	David Douglas 23	USA	J					-212,5	212,5	272,5	272,5				272,5	155,73	1.
		-125	112,40	James Bourqualt 48	USA	M45+					220,0	-237,5	237,5	237,5				237,5	138,87	1.
		-125	120,40	Paul Edmonds 50	GBR	M50+					210,0	222,5	230,0	230,0				230,0	132,14	1.
		-125	117,70	Carlos Garcia 51	SPN	M50+					-222,5	-225,0	-230,0	-222,5				-222,5	-128,52	2.
		-125	111,70	Simon Reitzle 62	GER	M60+					170,0	175,0	-180,0	175,0				175,0	102,52	1.
		140	130,50	Herbert Winklemann 45	GER	M45+					200,0	225,0	-245,0	225,0				225,0	127,17	1.

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							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.				
		-110	108,20	Sebastian Wajncetel 34	GBR	O						270,0	290,0	300,0	300,0				300,0	177,48	1.
		-125	114,40	Fjolnir Gudmannsson 29	ICE	O						190,0	202,5	207,5	207,5				207,5	120,74	1.
		-125	124,40	Wladimir Funkner 38	GER	O						190,0	205,0	-210,0	205,0				205,0	116,93	2.
		-125	122,70	Greg Ashford 41	GBR	M40+						125,0	185,0	-220,0	185,0				185,0	105,84	1.
		-140	128,80	Duncan Tanner	GBR	O						225,0	242,5	255,0	255,0				255,0	144,46	1.
		-140	125,80	Birgir Porsteinsson 44	ICE	M40+						205,0	-220,0	220,0	220,0				220,0	125,20	1.
		-140	125,10	Alan Aerts 54	USA	M50+						200,0	210,0	-218,0	210,0				210,0	119,66	1.
		140+	150,10	Robert Cox 42	USA	M40+						-217,5	-217,5	-217,5	-217,5				-217,5	-120,32	1.
		140+	162.2	Richard Fricker 49	GBR	M45+						140,0	152,5	162,5	162,5				162,5	#NV	2.
		140+	150,20	Julio Garcia 46	SPN	M45+						220,0	240,0	255,0	255,0				255,0	141,07	1.

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