

Powerlifting Association Germany (P.A.G.)

Deutsche Meisterschaften 2011 Altena

29. April - 01.Mai 2011

Kreuzheben

NR	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.	
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.					3.
1	U19	16	47,80	Laura Rösner	D	-48									95,0	105,0	112,5	112,5	149,456		1.
2	U19	18	54,80	Eva Pelzig	D	-60									75,0	85,0	95,0	95,0	113,687		1.
3	Open	32	62,10	Kerstin Pfister	D	-60									85,0	92,5	-100,0	92,5	100,437		1.
4	U19	16	67,20	Alina Röseler	D	-67,5									90,0	-100,0	-100,0	90,0	92,151		1.
1	Open	33	60,40	Simone Wenzlaw	D	-67,5									130,0	140,0	150,0	150,0	166,380		1.
5	U19	18	98,80	Mellisa Tank	D	-100									135,0	-147,5	-152,5	135,0	112,806		1.
7	U23	20	59,90	Hicham Bouchantouf	D	-60									175,0	-200,0	-200,0	175,0	149,485		1.
6	U19	17	61,00	Arnold Steinbrecher	D	-67,5									130,0	137,5	147,5	147,5	123,930		1.
8	U23	20	62,00	Nick Cerepanov	D	-67,5									160,0	175,0	-180,0	175,0	144,918		1.
10	U19	14	63,60	Janick Hänsel	D	-67,5									80,0	100,0	120,0	120,0	97,200		2.
11	Open	37	64,70	Marc Smeets	D	-67,5									170,0	180,0	190,0	190,0	151,677		1.
1	U19	16	74,50	Tim Baraowski	D	-75									115,0	130,0	145,0	145,0	103,806		2.
9	U19	17	69,80	Daniel Mengering	D	-75									127,5	140,0	147,5	147,5	110,773		1.
2	U23	21	75,10	Patrick Nyberg	D	-75									130,0	150,0	-165,0	150,0	106,785		1.
4	M55+	55	76,30	Bernd Steinrecher	D	-82,5									170,0	180,0	190,0	190,0	133,798	167,248	1.
5	U23	21	78,90	Maximilian Kölbl	D	-82,5									180,0	190,0	-200,0	190,0	130,872		1.
6	Open	24	81,00	Vahan Haratyunyan	ARM	-82,5									240,0	260,0	-270,0	260,0	176,124		1.
7	Open	26	81,00	Sascha Becker	D	-82,5									130,0	147,5	155,0	155,0	104,997		2.
9	U19	18	89,70	Jan Vockelmann	D	-90									175,0	190,0	-200,0	190,0	121,505		1.
10	U23		84,60	Thor Rohrmann	D	-90									170,0	190,0	210,0	210,0	138,621		1.
8	U19	19	97,10	Marcel Schlick	D	-100									180,0	200,0	-205,0	200,0	123,220		1.
3	Open	39	99,30	Jörg Wiemann	D	-100									-235,0	245,0	255,0	255,0	155,627		1.
4	M45+	45	97,40	Waldemar Freiberg	D	-100									250,0	265,0	-282,5	265,0	163,028	172,810	1.
6	M60+	60	99,40	Axel Gersdorf	D	-100									-75,0	-75,0	-75,0	-75,0	-45,758	-63,145	
11	M50+	53	91,40	Bernd Bucher	D	-100									160,0	170,0	180,0	180,0	114,030	137,634	1.
1	U19	19	102,30	Patrick Löchel	D	-110									200,0	217,5	222,5	222,5	134,212		1.
8	Open	32	102,70	Daniel Sauer	D	-110									290,0	305,0	310,0	310,0	186,744		1.
2	Open	31	103,60	Oliver Roth	D	-110									160,0	180,0	-190,0	180,0	108,072		2.
5	M45+	49	103,50	Jury Hochstetter	D	-110									260,0	-282,5	-282,5	260,0	156,156	176,769	1.
7	U23	20	114,80	Maximilian Brandmayer	D	-125									250,0	265,0	280,0	280,0	162,764		1.
9	M40+	45	108,00	Udo Wenzlaw	D	-125									255,0	275,0	-285,0	275,0	162,773	172,539	1.
10	Open	38	128,10	Wladimir Funkner	D	-140									250,0	-270,0	280,0	280,0	158,788		1.
11	M45+	49	122,10	Jaap Fander	NL	-125									275,0	290,0	300,0	300,0	171,810	194,489	1.
12	M50+	52	123,90	Gergard Holleitner	AUT	-125									280,0	-305,0		280,0	159,852	189,744	1.

HEADREFEREE
NAME:

LEFT-REFEREE
NAME:

RIGHT-REFEREE
NAME: