

BRITISH POWERLIFTING ORGANISATION PRESENTS

2010 WPF WORLD CHAMPIONSHIPS - 1ST FLIGHT

UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.			
		-56,0	54,90	Bonnie Aerts 52	USA	WM50+	25,0			25,0	25,0			50,0	115,0	120,0	125,0	175,0	209,13	1.
		-60	58,70	Allison Seabright 44	GBR	WM40+	120,0	130,0	-140,0	130,0	80,0	85,0	-90,0	215,0	125,0	145,0	150,0	365,0	413,91	1.
		-56	55,30	Deborah Hickman 50	GBR	WM50+	85,0	100,0	110,0	110,0	55,0	57,5	60,0	170,0	130,0	140,0	-145,0	310,0	368,37	1.
		-60	58,90	Alison Lawson 39	GBR	WO	60,0	70,0	-82,5	70,0	40,0	-42,5		110,0	100,0	110,0	120,0	230,0	260,13	1.
		-67,5	60,40	Ralitsa Dzhambuzova 24	BUL	WO	120,0	140,0	-150,0	140,0	70,0	80,0	-85,0	220,0	130,0	150,0	-160,0	370,0	410,40	2.
		-67,5	65,90	Angela McNamara 37	IRE	WO	165,0	175,0	183,0	183,0	87,5	95,0	-97,5	278,0	175,0	185,0	195,0	473,0	491,21	1.
		-75	70,60	Liz Freel 35	USA	WO	175,0	195,0	210,0	210,0	135,0	145,0	-152,5	355,0	205,0	-227,5	-227,5	560,0	553,84	1.
		-56	53,70	Jamie Hough 17	GBR	T	-110,0	110,0	120,0	120,0	55,0	60,0	65,0	185,0	125,0	145,0		330,0	313,24	1.
		-60	59,10	Sean Cregan 45	IRE	M45+	120,0	147,5	155,0	155,0	75,0	80,0	-85,0	235,0	140,0	155,0	170,0	405,0	350,24	1.

HEADREFEREE

NAME: Dean Drury GBR

LEFT-REFEREE

NAME: Erik Butzelaar HOL

RIGHT-REFEREE

NAME: Jorg Rodiger GER

BRITISH POWERLIFTING ORGANISATION PRESENTS

2010 WPF WORLD CHAMPIONSHIPS - 2ND FLIGHT

UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-67,5	66,20	Ruairi McCann 23	IRE	J	230,0	-245,0	245,0	245,0	155,0	-165,0	167,5	412,5	225,0	237,5	-245,0	650,0	509,08	1.
		-67,5	67,40	Chris Phelps 23	GBR	J	-140,0	140,0	180,0	180,0	110,0	120,0	-130,0	300,0	205,0	215,0	217,5	517,5	399,46	2.
		-75	74,20	Gerad Smith 23	IRE	J	245,0	-262,5	262,5	262,5	152,5	162,5	167,5	430,0	250,0	270,0	-280,0	700,0	502,53	1.
		-75	72,40	Sam Whittall 23	GBR	J	-215,0	-215,0	-215,0	-215,0				-215,0				-215,0	-157,10	
		-75	74,80	Meelis Susi 34	IRE	O	-185,0	-185,0	-185,0	-185,0				-185,0				-185,0	-132,07	
		-75	74,50	David Thomas 25	GBR	O	210,0	217,5	-222,5	217,5	-120,0	122,5	-130,0	340,0	220,0	232,5	-240,0	572,5	409,85	1.
		-75	73,50	Desmond Drury 40	GBR	M40+	-180,0	180,0	-195,0	180,0	110,0	115,0	120,0	300,0	-180,0	180,0	-185,0	480,0	346,94	2.
		-75	71,80	Mike King 41	GBR	M40+	180,0	190,0	-200,0	190,0	115,0	122,5	125,0	315,0	180,0	192,5	202,5	517,5	380,47	1.
		-75	73,90	David Webb 51	GBR	M50+	150,0	165,0	175,0	175,0	-120,0	125,0	-132,5	300,0	180,0	200,0	210,0	510,0	367,20	1.
		-75	73,80	Kari Elison 57	ICE	M55+	195,0	210,0	220,0	220,0	142,5	152,5	157,5	377,5	245,0	260,0		637,5	459,45	1.
		-82,5	79,60	William Kid 55	IRE	M55+	-150,0	150,0	170,0	170,0	-70,0	70,0	90,0	260,0	160,0	180,0	200,0	460,0	315,05	1.
		-82,5	80,50	Sam Sandhu 69	GBR	M65+	120,0	140,0	-160,0	140,0	75,0	85,0	92,5	232,5	120,0	140,0	150,0	382,5	260,10	1.

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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS			DEADLIFT			TOT.	Wilks	PL.	
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.				3.
		-82,5	80,50	Joseph Phippard 18	GBR	T	150,0	-160,0	160,0	160,0	95,0	105,0	110,0	270,0	220,0	240,0	-250,0	510,0	346,80	1.
		-82,5	81,20	Dayle Longford 22	GBR	J	-250,0	250,0	262,5	262,5	167,5	177,5	187,5	450,0	280,0	290,0	-300,0	740,0	500,54	1.
		-82,5	81,40	Darren Quinn 21	IRE	J	245,0	260,0	270,0	270,0	140,0	150,0	155,0	425,0	220,0	235,0	-240,0	660,0	445,76	2.
		-82,5	82,00	Mustafa Yilmaz 22	GER	J	160,0	177,5	195,0	195,0	100,0	107,5	112,5	307,5	175,0	195,0	200,0	507,5	341,24	3.
		-82,5	80,50	Araam Eghoyan 26	GBR	O	235,0	255,0	265,0	265,0	165,0	175,0	185,0	450,0	230,0	250,0		700,0	476,00	1.
		-82,5	80,20	Lars Jankowski 36	GER	o	215,0	220,0	-235,0	220,0	150,0	160,0		380,0	215,0	225,0	-230,0	605,0	412,37	2.
		-82,5	80,40	Paul Fishlock 40	GBR	M40+	210,0	225,0	232,5	232,5	130,0	135,0	140,0	372,5	210,0	227,5	-232,5	600,0	408,36	1.
		-82,5	82,20	Phil Beniston 47	GBR	M45+	-235,0	235,0	260,0	260,0	160,0	170,0	177,5	437,5	235,0	242,5	250,0	687,5	461,59	1.
		-82,5	82,00	Coert Hoppenbrouwers 52	HOL	M50+	210,0	235,0	245,0	245,0	135,0	145,0	157,5	402,5	230,0	250,0	260,0	662,5	445,47	1.

HEADREFEREE

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BRITISH POWERLIFTING ORGANISATION PRESENTS

2010 WPF WORLD CHAMPIONSHIPS - 1ST FLIGHT

UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-90	89,70	Einar Gudnason 19	ICE	T	235,0	255,0	-265,0	255,0	180,0	-190,0	-190,0	435,0	220,0	235,0	-251,0	670,0	428,47	1.
		-90	87,80	Arwyn Brain 23	GBR	J	250,0	260,0	267,5	267,5	167,5	175,0	-180,0	442,5	230,0	242,5	-247,5	685,0	442,99	2.
		-90	86,40	Ian Bedford 23	IRE	J	-255,0	270,0	-285,0	270,0	142,5	-152,5	155,0	425,0	240,0	257,5	265,0	690,0	450,09	1.
		-90	87,60	Paul Murphy 42	GBR	M40+	260,0	280,0	300,0	300,0	165,0	182,5	-187,5	482,5	260,0	272,5	285,0	767,5	496,96	1.
		-90	89,00	Victor Gomez 50	MEX	M50+	260,0	270,0	-275,0	270,0	160,0	-175,0	-180,0	430,0	225,0	250,0	-275,0	680,0	436,63	1.
		-90	89,40	Ben Hartigan 54	IRE	M50+	225,0	-245,0	-245,0	225,0	100,0	-110,0	110,0	335,0	190,0	-210,0		525,0	336,32	2.
		-90	88,90	Harry Whale 55	GBR	M55+	180,0	-202,5	202,5	202,5	160,0	170,0	180,0	382,5	180,0	202,5	222,5	605,0	388,65	1.
		-90	88,50	Roy Brown 63	GBR	M60+	155,0	-165,0	165,0	165,0	85,0	90,0	95,0	260,0	170,0	185,0	195,0	455,0	293,02	1.
		-90	89,20	David Clements 67	GBR	M65+	160,0	170,0	-180,0	170,0	120,0	126,0	-130,0	296,0	170,0	185,0	200,0	496,0	318,08	1.

HEADREFEREE
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LEFT-REFEREE
NAME: Mark Eager GBR

RIGHT-REFEREE
NAME: Franz Seul LUX

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2010 WPF WORLD CHAMPIONSHIPS - 2ND FLIGHT

UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-90	90,00	Stephen Knight 36	GBR	O	210,0	220,0	225,0	225,0	160,0	165,0	-167,5	390,0	250,0	255,0	260,0	650,0	414,96	2.
		-90	87,90	Graeme Quirk 31	IRE	O	240,0	-250,0	-250,0	240,0	165,0	175,0	182,5	422,5	220,0	235,0	-240,0	657,5	424,94	1.
		-90	89,80	Dean Drury 46	GBR	M45+	280,0	-300,0	-300,0	280,0	170,0	180,0	-190,0	460,0	230,0	250,0	-271,5	710,0	453,76	1.
		-90	89,10	Geraint Nicholas 47	GBR	M45+	210,0	225,0	235,0	235,0	120,0	125,0		360,0	230,0	250,0	271,0	631,0	404,91	2.
		-90	87,60	Dominic Avo 72	GBR	M70+	145,0	150,0	155,0	155,0	95,0	100,0		255,0	160,0	165,0	172,5	427,5	276,81	1.
		-90	88,40	Andy Mckee 72	GBR	M70+	140,0	145,0	152,5	152,5	-110,0	110,0	115,0	267,5	140,0	155,0	-160,0	422,5	272,26	2.
		-100	92,10	Adam Jones 18	GBR	T	170,0	-200,0	-200,0	170,0	100,0	-115,0	-115,0	270,0	190,0	210,0	215,0	485,0	306,08	1.
		-100	99,50	Prostur Olason 22	ICE	J	290,0	310,0	320,0	320,0	180,0	-190,0	190,0	510,0	290,0	305,0		815,0	496,99	1.
		-100	99,80	Auston Weinberg 22	USA	J	280,0	300,0	-320,0	300,0	-190,0	190,0	207,5	507,5	260,0	277,5	285,0	792,5	482,71	2.

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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.	
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.				
		-100	99,40	Marc Braker 30	HOL	O	240,0	265,0	275,0	275,0	180,0	190,0	-195,0	465,0	230,0	240,0	-245,0	705,0	430,12	6.	
		-100	96,90	Shane Brodie 36	IRE	O	330,0	350,0	-360,0	350,0	190,0	200,0	-205,0	550,0	280,0	-295,0	-295,0	830,0	511,78	3.	
		-100	95,60	Jon Gunnarson 51	ICE	O	320,0	342,5	355,0	355,0	195,0	205,0	212,5	567,5	285,0	305,0	-322,5	872,5	541,21	2.	
		-100	97,80	Jakob Kristensen 32	GBR	O	315,0	325,0	332,5	332,5	230,0	235,0	240,0	572,5	270,0	300,0	317,5	890,0	546,64	1.	
		-100	99,80	Derrick Mirikitani 31	GBR	O	255,0	-270,0	270,0	270,0	175,0	185,0	-192,5	455,0	230,0	245,0	260,0	715,0	435,51	5.	
		-100	99,20	Rinado Visser 28	HOL	O	260,0	275,0	-282,5	275,0	-190,0	197,5	-202,5	472,5	270,0	285,0	295,0	767,5	468,64	4.	
		-100	98,20	John Boyer 47	GBR	M45+	-227,5	235,0	250,0	250,0	155,0	165,0	-170,0	415,0	200,0	220,0	225,0	640,0	392,38	2.	
		-100	98,10	Peter Malfa 47	GER	M45+	240,0	255,0	260,0	260,0	135,0	145,0	150,0	410,0	245,0	255,0	262,5	672,5	412,51	1.	
		-100	100,00	Bernd Bucher 52	GER	M50+	170,0	185,0	-195,0	185,0	135,0	142,5	150,0	335,0	175,0	190,0	200,0	535,0	325,60	1.	
		-100	98,90	Dave Smith 50	IRE	M50+	INJURED														
		-100	98,80	Greg Baxter 55	USA	M55+	245,0	265,0		265,0	-150,0	150,0	-165,0	415,0	250,0	275,0	280,0	695,0	425,06	1.	
		-100	96,70	Ken Williams 61	GBR	M60+	215,0	230,0	-235,0	230,0	125,0	140,0	-150,0	370,0	215,0	-230,0	230,0	600,0	370,32	1.	

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UNIVERSITY OF BATH, BATH, ENGLAND - 3RD NOVEMBER

NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-110	109,60	Stoyan Andreev 32	BUL	O	345,0	367,5	380,0	380,0	-240,0	240,0	-250,0	620,0	325,0	-363,0	363,0	983,0	579,18	1.
		-110	109,40	Phil Andrews 55	USA	O	250,0	-270,0	270,0	270,0	200,0	215,0	222,5	492,5	-300,0	-300,0	300,0	792,5	467,18	4.
		-110	108,50	Artur Chrzaszcz 27	GBR	O	320,0	-335,0	-335,0	320,0	195,0	-200,0	200,0	520,0	302,5	312,5	320,0	840,0	496,44	2.
		-110	109,50	Fjolnir Gudmannsson 29	ICE	O	240,0	-255,0	260,0	260,0	-195,0	-195,0	195,0	455,0	230,0	240,0	250,0	705,0	415,46	7.
		-110	107,80	Erikas Jes 34	IRE	O	300,0	-315,0	-315,0	300,0	220,0	-230,0	230,0	530,0	290,0	-300,0		820,0	485,69	3.
		-110	105,00	David Satsjelasjvili 28	HOL	O	260,0	270,0	-280,0	270,0	245,0	250,0	-255,0	520,0	250,0	-265,0		770,0	460,15	6.
		-110	108,60	Bjarki Sigurdsson 37	ICE	O	280,0	295,0	-305,0	295,0	190,0	-200,0	200,0	495,0	260,0	280,0		775,0	457,95	5.
		-110	102,00	William Tinkler 39	GBR	O	180,0	200,0	220,0	220,0	130,0	-140,0	140,0	360,0	200,0	220,0		580,0	350,26	8.
		-110	107,80	David Belcher 50	GBR	M50+	220,0	-240,0	-240,0	220,0	130,0	140,0	-150,0	360,0	220,0	240,0	-260,0	600,0	355,38	1.
		-125	123,10	Domenic Fazzini 19	GBR	T	275,0	282,5	287,5	287,5	140,0	160,0	180,0	467,5	235,0	250,0	-257,5	717,5	410,19	1.
		-125	122,10	Junior Gelsthorpe 23	GBR	J	280,0	-285,0	-302,5	280,0	230,0	245,0	-250,0	525,0	280,0	-292,5		805,0	461,02	1.
		-125	111,80	Mark Eager 40	GBR	M40+	250,0	-265,0	265,0	265,0	170,0	177,5		442,5	280,0	-295,0	-305,0	722,5	423,10	3.
		-125	114,00	Darren McCarroll 44	GBR	M40+	-270,0	285,0	285,0	285,0	175,0	185,0	-192,5	470,0	270,0	-285,0	-285,0	740,0	430,98	2.
		-125	125,00	Boris Sendatzki 42	GER	M40+	280,0	-300,0	310,0	310,0	160,0	185,0	195,0	505,0	250,0	-270,0	-270,0	755,0	430,20	1.
		-140	125,10	Alan Aerts 54	USA	M50+	80,0			80,0	200,0	210,0	-220,0	290,0	100,0			390,0	222,22	1.

HEADREFEREE

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RIGHT-REFEREE

NAME: Peter Malfa GER

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NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
		-125	118,80	Nerijus Cekas 30	IRE	O	370,0	400,0	415,0	415,0	250,0	-265,0		665,0	335,0	350,0	-358,0	1015,0	584,94	1.
		-125	121,00	Scott Heaton 32	GBR	O	280,0	-295,0	295,0	295,0	210,0	220,0	-230,0	515,0	310,0	330,0	-335,0	845,0	484,86	3.
		-125	122,10	Ylke Vassen 38	HOL	O	330,0	350,0	365,0	365,0	200,0	-212,5		565,0	310,0	335,0	350,0	915,0	524,02	2.
		-125	115,60	Peter Bongers 45	HOL	M45+	330,0	-345,0	-345,0	330,0	-180,0	180,0	-190,0	510,0	250,0	260,0	-290,0	770,0	446,83	1.
		-125	116,00	Mark Menslage 45	USA	M45+	275,0	-290,0	-290,0	275,0	170,0	-185,0	-185,0	445,0	250,0	275,0	-297,5	720,0	417,38	2.
		-125	115,40	Joe Dentice 52	USA	M50+	187,5	217,5	-227,5	217,5	172,5	182,5	-187,5	400,0	255,0	272,5	280,0	680,0	394,74	2.
		-125	120,50	Gerhard Holleitner 51	AUT	M50+	200,0	215,0	225,0	225,0	140,0	150,0	-160,0	375,0	290,0	305,0	310,0	685,0	393,46	1.
		-125	124,10	Uwe Brodsa 55	GER	M55+	200,0	220,0		220,0	150,0	-167,5		370,0	300,0			670,0	382,37	1.
		-125	114,20	Tony Rook 56	GBR	M55+	200,0	225,0	235,0	235,0	130,0	140,0	150,0	385,0	220,0	240,0	250,0	635,0	369,63	2.
		-140	125,20	Birgir Porsteinsson 44	ICE	M40+	280,0	300,0	-310,0	300,0	-210,0	-210,0	210,0	510,0	270,0	290,0		800,0	455,76	1.
		-140	127,40	David Carter 63	GBR	M60+	300,0	-325,0	325,0	325,0	-165,0	-165,0	-165,0	160,0				160,0	90,83	
		-140	136,20	Dave Gladwell 33	GBR	O	315,0	335,0	345,0	345,0	220,0	230,0	235,0	580,0	270,0	-285,0	-285,0	850,0	477,02	1.
		-140	128,90	Duncan Tanner 39	GBR	O	272,5	292,5	-315,0	292,5	232,5	-245,0	-245,0	525,0	245,0	265,0	-275,0	790,0	447,54	2.
		-140	132,20	Dave Evans 39	GBR	O	280,0	300,0	307,5	307,5	185,0	-202,5	-202,5	492,5	270,0	290,0		782,5	441,25	3.
		140+	162,10	Richard Fricker 49	GBR	O	260,0	300,0	-337,5	300,0	160,0	177,5	-190,0	477,5	100,0			577,5	315,95	1.

HEADREFEREE

NAME: Peter Malfa GER

LEFT-REFEREE

NAME: David Jeffrey USA

RIGHT-REFEREE

NAME: Frank Engel LUX